Welcome To:

Teens/Young Adults Concussion Support Group

<u>Who</u>: Teenagers and young adults who have sustained a brain injury/concussion and their parents/guardians.

What: This monthly meeting is a place for individuals with brain injury and their families to discuss challenges, share ideas, and celebrate successes as they navigate through the healing process.

<u>Where:</u> Children's Hospital & Medical Center meeting room by the GLOW Auditorium 8200 Dodge St, Omaha, NE, 68114

Please enter the parking garage located off of Dodge Street where Hospital Entrance is noted and park on any level. Take the elevators to the 3rd floor then take a left towards the GLOW Auditorium.

When: Sunday, January 14, 2018 from 6:00-8:00 PM.

What the group offers:

- Support for teenagers and young adults suffering from the prolonged effects of brain injury/concussion.
- Opportunities to learn what has worked for others.
- Information about community resources and specialized treatment.
- Realization that you are not alone.

Come out Sunday, January 14th from 6 – 8 p.m. to have a conversation with: Dr John McClaren, Advanced Chiropractic & Neurology, PC



Dr. McClaren is treating patients with mild traumatic brain injury, post-concussion syndrome, and other conditions with a

functional neurological model. These treatments are evidence based, nonmedication approaches tailored to the needs of each patient as no two nervous systems and injuries are exactly alike.

Please share with others whom may be interested.

For more information contact Chris Stewart at Brain Injury Alliance of Nebraska e-mail <u>chris@biane.org</u> or call 402-890-7126.